# **CMJ UNIVERSITY**

SHILLONG, MEGHALAYA. Recognized by UGC

**DETAILED SYLLABUS** 

Certificate Program Occupational Therapy

(YEARLY SYSTEM)

# **CERTIFICATE (Occupational Therapy)**

**COURSE TITLE** : COT

**DURATION** : 1 YEAR

**TOTAL DIPLOMA MARKS: 1200** 

| COURSE TITLE       | Paper Code | MARKS  |           |       |
|--------------------|------------|--------|-----------|-------|
|                    |            | THEORY | PRACTICAL | TOTAL |
| BASICS OF HUMAN    | COT-110    | 100    | 100       | 200   |
| ANATOMY            | COT-110/P  |        |           |       |
|                    |            |        |           |       |
| BASICS OF MEDICAL  | COT-120    | 100    | 100       | 200   |
| PHYSIOLOGY         | COT-120/P  |        |           |       |
|                    |            |        |           |       |
| PATHOLOGY          | COT-130    | 100    | 100       | 200   |
|                    | COT-130/P  |        |           |       |
| BASICS OF COMPUTER | COT-140    | 100    | 00        | 100   |
| SKILLS             |            |        |           |       |
| COMMUNICATION      | COT-210    | 100    | 00        | 100   |
| SKILLS IN ENGLISH  |            |        |           |       |
| ORIENTATION TO     | COT-220    | 100    | 100       | 200   |
| OCCUPATIONAL       | COT-220/P  |        |           |       |
| THERAPY            |            |        |           |       |
|                    |            |        |           |       |
| PSYCHOLOGY         | COT-230    | 100    | 00        | 100   |
|                    |            |        |           |       |
| OCCUPATIONAL       | COT-240    | 50     | 50        | 100   |
| THERAPY THEORY AND |            |        |           |       |
| PRACTICE           |            |        |           |       |

#### **Note:**

**Theory Paper:** 30% Continuous Internal Assessment and 70% University

examination.

Practical Paper:30% Continuous Internal Assessment and 70% University

examination.

#### **Continuous Internal Assessment:**

1) Two or three tests out of which minimum two Assessment will be considered for Assessment Internal Assessment

2) Seminars/Assignments/Quizzes
Assessment

3) Attendance, class participation and behavior

60% of Continuous Internal 30% of Continuous

10% of Continuous Internal

#### **COT-110**

#### **BASICS OF HUMAN ANATOMY**

Maximum Time : 3 Hrs. University Examination :70 % Total Marks : 100 Continuous Internal Assessment : 30 %

Minimum Pass Marks: 40%

## A) Instructions for paper-setter

1. The question paper will be divided into two parts. Part-I will contain subjective questions. This part will carry 60% of the total marks.

2. Part-II will compromise of 10-15 short questions, which will cover the entire syllabus and will carry 40% of the total marks.

#### B) Instructions for the candidates

- 1. Candidates are required to attempt Part-I as defined in the question paper and the entire part-II.
- 2. Use of non-programmable scientific calculator is allowed

#### **COURSE CONTENTS**

Skeleton Structures of Bone, Vertebral Column, Upper Extremity, Lower Extremity, superior extremity, inferior extremity, ossification centers, bone of upper limb, radius and uina, surface marker of thorax abdomen, head and neck.

# COT-110 P ANATOMY

# **BASICS OF HUMAN**

The laboratory course will comprise of exercises on what is learnt in the theory classes of the same course i.e. COT 110.

#### COT -120 BASICS OF MEDICAL PHYSIOLOGY

Maximum Time : 3 Hrs. University Examination :70 %

Total Marks : 100 Continuous Internal Assessment : 30 %

Minimum Pass Marks: 40%

#### A) Instructions for paper-setter

- 1. The question paper will be divided into two parts. Part-I will contain subjective questions. This part will carry 60% of the total marks.
- 2. Part-II will compromise of 10-15 short questions, which will cover the entire syllabus and will carry 40% of the total marks.

## B) Instructions for the candidates

- 1. Candidates are required to attempt Part-I as defined in the question paper and the entire part-II.
- 2. Use of non-programmable scientific calculator is allowed

#### **COURSE CONTENTS**

**General information**:- The cell, membrane potential, some common terms used in physiology.

**Blood:**- Red blood corpuscles, hemoglobin, the leucocytes, immunity, origin and function of lymphocytes, reticule endothelial system, the platelets, homeostasis, coagulation of blood, the plasma proteins, blood groups.

**Digestive system:**- introduction to digestive system. Elementary functional anatomical considerations, the salivary glands, the stomach and its secretion,

pancreas, the bile, the small intestine, movement of the alimentary tract, gastrointestinal hormones, aped cells.

**Respiratory system:-** Functional anatomy, ventilation, control of ventilation, exchange of gases between the alveoli and pulmonary capillary blood, carriage of o<sub>2</sub> and co<sub>2</sub> by the blood and their exchange at the tissue level, applied and environment physiology Defense mechanism. Changes with age.

# COT –120 P BASICS OF MEDICAL PHYSIOLOGY

The laboratory course will comprise of exercises on what is learnt in the theory classes of the same course i.e. COT 120.

#### COT-130 PATHOLOGY

Maximum Time : 3 Hrs. University Examination :70 % Total Marks : 100 Continuous Internal Assessment : 30 %

Minimum Pass Marks: 40%

#### A) Instructions for paper-setter

- 1. The question paper will be divided into two parts. Part-I will contain subjective questions. This part will carry 60% of the total marks.
- 2. Part-II will compromise of 10-15 short questions, which will cover the entire syllabus and will carry 40% of the total marks.

### B) Instructions for the candidates

- 1. Candidates are required to attempt Part-I as defined in the question paper and the entire part-II.
- 2. Use of non-programmable scientific calculator is allowed

#### **COURSE CONTENTS**

**The Cell in Health and Disease:** Introduction to Pathology, Cellular Structure and Metabolism, Etiology and Pathogenesis of Disease, Intracellular Accumulations and Disorders of Metabolism, Amyloidosis, Degenerations and Cell Death.

Inflammation and Healing, Immunity and Hypersensitivity, Infection and infestation:—Inflammation-Acute and Chronic, Granulomatous Inflammation, Healing, immunity and Hypersensitivity, Infection and Infestation.

**Fluid and Haemodynamic Derangements:**- Derangements of Body Fluids and Electrolytes, Heamodynamic Disorders due to Deranged Blood Volume, Heamodynamic Disorders of Obstructive Nature, Ischaemia and Infarction.

**Growth Disorders and Neoplasia:**-\_Adaptive Disorders of Growth, General Aspects of Neoplasia, Etiology and pathogenesis of Neoplasia, Clinical Aspects of Neoplasia, Common Specific Tumors.

## **COT-130 P**

## **PATHOLOGY**

The laboratory course will comprise of exercises on what is learnt in the theory classes of the same course i.e. COT 130.

## COT-140 BASIC OF COMPUTER SKILLS

Maximum Time : 3 Hrs. University Examination :70 %

Total Marks : 100 Continuous Internal Assessment : 30 %

Minimum Pass Marks: 40%

#### A) Instructions for paper-setter

- 1. The question paper will be divided into two parts. Part-I will contain subjective questions. This part will carry 60% of the total marks.
- 2. Part-II will compromise of 10-15 short questions, which will cover the entire syllabus and will carry 40% of the total marks.

#### B) Instructions for the candidates

- 1. Candidates are required to attempt Part-I as defined in the question paper and the entire part-II.
- 2. Use of non-programmable scientific calculator is allowed

# **COURSE CONTENTS**

Hardware & Software: CPU, RAM, SSD, Operating Systems, System Softwares,

Application Software. Inside Computers. Computer Systems.

Input-Output devices: Monitor, Keyboard, Mouse, System Unit, Printer, Scanner.

Storage devices: Floppy disk, Hard disk, Cartridge tape, CD-ROM

Printers : Dot-Matrix, Inkjet, Laserjet, Colour printer, High speed printer, Label

printer, Plotters.

**PROGRAMMING LANGUAGE**:-Compiler, Assembly Language, Machine Language.

Graphical user interface: Windows 3x, Program manager, Main & accessories program groups, Multitasking.

# COT-210 ENGLISH

# **COMMUNICATION SKILLS IN**

Maximum Time : 3 Hrs. University Examination :70 % Total Marks : 100 Continuous Internal Assessment : 30 %

Minimum Pass Marks: 40%

# A) Instructions for paper-setter

- 1. The question paper will be divided into two parts. Part-I will contain subjective questions. This part will carry 60% of the total marks.
- 2. Part-II will compromise of 10-15 short questions, which will cover the entire syllabus and will carry 40% of the total marks.

#### B) Instructions for the candidates

- 1. Candidates are required to attempt Part-I as defined in the question paper and the entire part-II.
- 2. Use of non-programmable scientific calculator is allowed

#### **COURSE CONTENTS**

Basic Skills: - Listening, Speaking, Reading and Writing. Comprehension: - Reading Comprehension, Passages, Poems.

Listening Comprehension: - Talks, Reports, Poems

Writing Skills: - Paragraph Writing, Composition Writing, Report Writing,

Application & Letter Writing

Grammar: - Simple, Compound and complex sentences, Co-ordinate clause (with, but or either-or, Neither-Nor otherwise or else), Subordinate clauses-noun clauses-as subjects object and complement: Relative Clauses (restrictive and non-restrictive clauses). Adverb clauses (open and hypothetical, Comparative Clauses

Simple present, progressive and present perfect, simple past, progressive and past perfect, indication of futurity, the passive (Sample present and past, present and past perfect and 'to' infinitive structure), Reported Speech: - (I) Declarative sentences, (ii) Imperatives (iii) Interrogatives —question, Yes/No Questions, Exclamation sentences, Models (will, shall, should, would, ought to, have to/have got to, can, could, me-might and need), Verb structures (infinitives and gerundial)

# COT-220 ORIENTATION TO OCCUPATIONAL THERAPY

Maximum Time : 3 Hrs. University Examination :70 % Total Marks : 100 Continuous Internal Assessment : 30 %

**Minimum Pass Marks: 40%** 

#### A) Instructions for paper-setter

- 1. The question paper will be divided into two parts. Part-I will contain subjective questions. This part will carry 60% of the total marks.
- 2. Part-II will compromise of 10-15 short questions, which will cover the entire syllabus and will carry 40% of the total marks.

#### **B)** Instructions for the candidates

- 1. Candidates are required to attempt Part-I as defined in the question paper and the entire part-II.
- 2. Use of non-programmable scientific calculator is allowed

## **COURSE CONTENTS**

Study of the general scope of the profession. Introduction of the equipment, medical terminology, therapeutic media, and restorative environment of the occupational therapy field.

# COT-220 P ORIENTATION TO OCCUPATIONAL THERAPY

The laboratory course will comprise of exercises on what is learnt in the theory classes of the same course i.e. COT 220.

# COT-230 PSYCHOLOGY

Maximum Time : 3 Hrs. University Examination :70 %

**Total Marks**: 100 Continuous Internal Assessment: 30 %

Minimum Pass Marks: 40%

## A) Instructions for paper-setter

- 1. The question paper will be divided into two parts. Part-I will contain subjective questions. This part will carry 60% of the total marks.
- 2. Part-II will compromise of 10-15 short questions, which will cover the entire syllabus and will carry 40% of the total marks.

#### B) Instructions for the candidates

- 1. Candidates are required to attempt Part-I as defined in the question paper and the entire part-II.
- 2. Use of non-programmable scientific calculator is allowed

#### **COURSE CONTENTS**

The fundamentals of human behavior.:- biological bases of behavior, sensation and perception, motivation, learning and memory, maturation and development, personality, and social psychology.

Personal and social adjustment in modern society. Topics include maturing self-concept, healthy interpersonal relationships, constructive management of emotion and stress, and prevention of maladjustment.

The biological and environmental factors influencing the physical, intellectual, social, emotional, and language development from birth until death

# COT-240 OCCUPATIONAL THERAPY THEORY AND PRACTICE

Maximum Time : 3 Hrs. University Examination :70 %

**Total Marks**: 100 Continuous Internal Assessment: 30 %

Minimum Pass Marks: 40%

#### A) Instructions for paper-setter

- 1. The question paper will be divided into two parts. Part-I will contain subjective questions. This part will carry 60% of the total marks.
- 2. Part-II will compromise of 10-15 short questions, which will cover the entire syllabus and will carry 40% of the total marks.

# B) Instructions for the candidates

- 1. Candidates are required to attempt Part-I as defined in the question paper and the entire part-II.
- 2. Use of non-programmable scientific calculator is allowed

#### **COURSE CONTENTS**

The basic concepts of occupational therapy. Content includes history, philosophy, role delineation, ethics, cultural issues, standards of practice, and professional associations. Occupational performance, the OT process, and documentation of OT services are emphasized. A fieldwork component allows exposure to the practice of OT in different setting